

OUTLOOK

NEWSLETTER & ACTIVITY GUIDE

SEPTEMBER | 2018

lancaster



ca

Fall into Adventure

SEASON SHOT

SEPTEMBER

STREETS OF LANCASTER GRAND PRIX

Friday-Sunday, September 28-30

The BLVD | Free

streetsoflancaster.com



OCTOBER

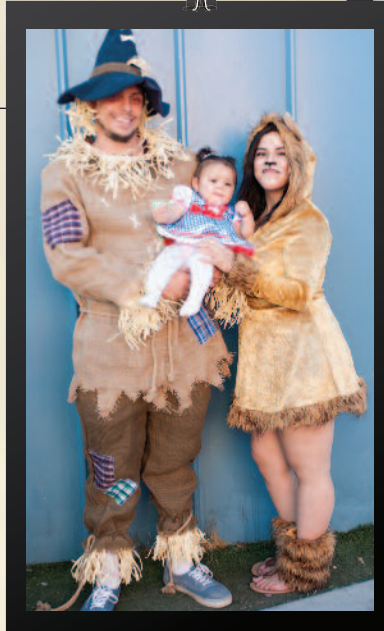
RAM PRCA CALIFORNIA CIRCUIT FINALS RODEO

Friday-Sunday, October 5-7

Antelope Valley Fair & Event Center

Tickets: avfair.com

Details: cafinalesrodeo.com



BARK AT THE PARK

Saturday, October 6 | 10 a.m.-6 p.m.

Sgt. Steve Owen Memorial Park | Free

lancasterbarkatthepark.org

POW! WOW! ANTELOPE VALLEY

VIP Party, Free Festival, and Car Show

October 14-21 | The BLVD

Details: lancastermoah.org/powwow

BOOLVD HALLOWEEN & HARVEST FESTIVAL

Saturday, October 27 | 1-5 p.m.

The BLVD | Free

NOVEMBER

FIELD OF DRAFTS™ BEER FESTIVAL

Saturday, November 3 | 1-5 p.m.

Lancaster Municipal Stadium

Tickets: fieldofdrafts.com



DECEMBER

HOLIDAY PARADE

Saturday, December 1 | 10 a.m.

The BLVD | Free

A MAGICAL BLVD CHRISTMAS

Saturday, December 8 | 5-9 p.m.

The BLVD | Free



BREAKFAST WITH SANTA

Saturday, December 15

8, 9, 10 & 11 a.m. Seatings

Sgt. Steve Owen Memorial Park

Adults: \$8 | Children \$5

City Officials

Lancaster City Council

R. Rex Parris, Mayor

Marvin E. Crist, Vice Mayor

Angela E. Underwood-Jacobs, Council Member

Ken Mann, Council Member

Raj Malhi, Council Member

Darrell Dorris, Deputy Mayor

Cassandra Harvey, Deputy Mayor

Marvin Kropke, Deputy Mayor

Liza Kosky Rodriguez, Deputy Mayor

Kit Yee Szeto, Deputy Mayor

City Manager

Mark V. Bozigian

Join the Conversations

Meetings listed below are held in the Council Chambers at City Hall, 44933 Fern Avenue, and viewable with agendas at www.cityoflancasterca.org/publicmeetings.

Lancaster City Council

2nd & 4th Tuesday of the month at 5 p.m. In April, only the second meeting of the month will take place. In August, November, and December, only the first meeting of these months will take place.

Lancaster Architectural and Design Commission

1st Thursday of the month at 5 p.m.

Lancaster Criminal Justice Commission

2nd Wednesday of the month at 10 a.m.

Lancaster Healthy Community Commission

1st Tuesday of the month at 5 p.m.

Lancaster Homeless Impact Commission

3rd Thursday of the month at 10 a.m.

Lancaster Planning Commission

3rd Monday of the month at 5 p.m. Agenda review is held on the Monday preceding each month's meeting at 4:30 p.m. in the Council Chambers at City Hall.

Engage with Us

www.cityoflancasterca.org/LancasterEngage

Participate in community surveys.

Report civic problems.

Sign up for Nixle.

Download Inform Lancaster app.

Contact City Hall at 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

TDD users may call the California TDD Relay Service at 1-800-735-2922.

Hotline Information

Abandoned shopping cart retrieval 888-992-4778

City special event hotline 661-723-5900

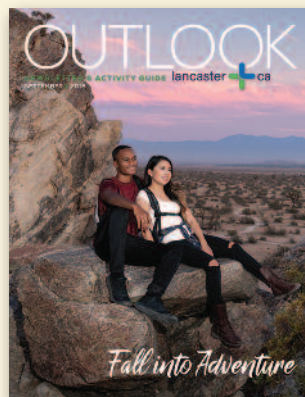
Graffiti hotline 661-723-5985

Crime Stoppers 800-222-TIPS (8477)

OUTLOOK

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ON THE COVER

Cover photo by Josh Kline

Fall into Adventure at Saddleback Butte State Park, one of many breathtaking locations right here in Lancaster's backyard. Special thanks to California State Parks, Saddleback Butte State Park.

Editor-in-Chief: Nicole Allen

Design: Kelly Grady, JPW Communications

Photography: David Balian, Virginia Bozigian, Curt Gideon, Josh Kline, and Melinda Rodriguez



OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a Charter City within Los Angeles County. The City of Lancaster is an equal opportunity employer.

Newly Adopted Budget Provides for a Myriad of City Services, Programs, and Projects

As the seasons change, our goal of providing a stable and progressive foundation for the growth of the Lancaster community remains constant.

The core values of innovation, integrity, flexibility, and responsiveness guide the City of Lancaster's allocation of resources to meet the demands of our ever-evolving community. Our Fiscal Year (FY) 2018-19 Adopted Budget makes possible the many services, programs, facilities, and infrastructure provided and maintained by the City—contributing to the quality of life for Lancaster residents, while also creating a destination location for visitors, as well as business owners.



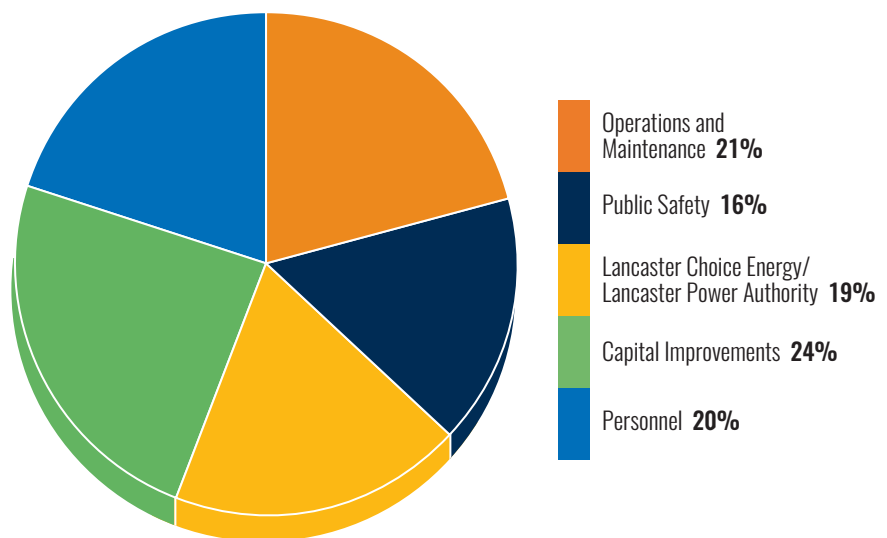
BUDGET FOCUSES

The City's budget is a steady, yet flexible, road map that enables us to make necessary adjustments to stay on course. The key focus areas driving the direction of this year's budget include: the IMPACT Initiative, Smart Signals, Lancaster Choice Energy, Lancaster Engage, and the Capital Improvement Program, which encompasses five major plans for improving streets, routes, bikeways, and trails throughout our community. Each of these programs contribute to the sustainability of our City.

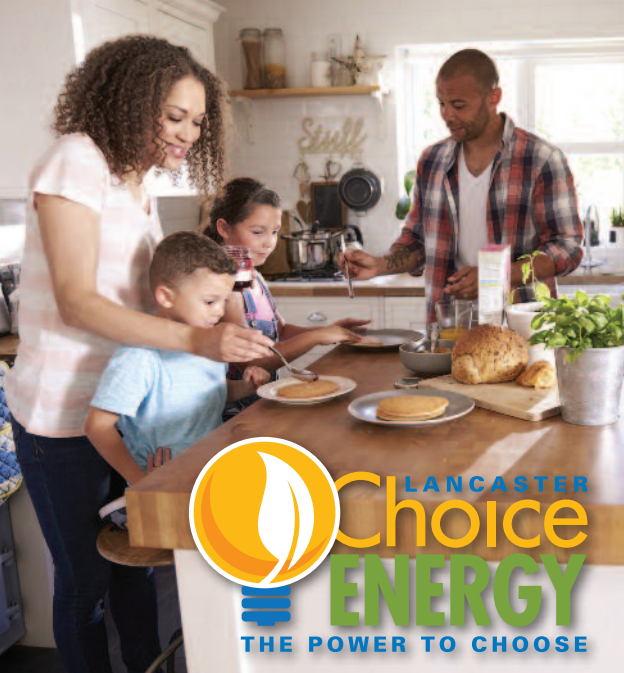
The **IMPACT Initiative** (Innovative Municipal Programs Achieving Community Transformation) addresses beautification of the community and aims to transform the visual character of our City. City staff and various stakeholders collaborate to develop and implement strategic, tactical programs utilizing a coordinated holistic approach that results in renewed civic pride. People of all ages will have access to improved neighborhoods, facilities, and thoroughfares.



CITYWIDE BUDGET EXPENDITURE SUMMARY



Smart Signals delineate an advanced traffic management system being installed throughout the City to provide improved signal coordination based on real-time traffic patterns. By modernizing our signals with new high-speed fiber optic cables, we are empowering our community with "Smart City" capabilities that will support a number of advancements, ranging from community Wi-Fi to autonomous vehicle accommodation.



Lancaster Choice Energy (LCE) now offers new Energy Efficiency Programs, including the Energy Advisor Program which helps residents lower their energy use and bills. LCE is Southern California's first Community Choice Aggregate to receive approval from the California Public Utilities Commission to offer the free energy efficiency program to its customers. This is a Lancaster "first" from which everyone can benefit.

www.LancasterChoiceEnergy.com

Lancaster Engage empowers residents to have a greater say in what happens in their City by inviting them to participate in the process of working together and collectively bringing about positive change. This online portal offers an inclusive, meaningful, accountable, and responsive method of engaging local residents, business owners, and the community at-large. Each of you can make a difference.

www.cityoflancasterca.org/LancasterEngage

Measure R Interchange Improvements are being implemented at Avenue G, Avenue J, Avenue K, Avenue L, and Avenue M interchanges, per selection by the Los Angeles County Metropolitan Transportation Authority. The Measure R Highway "Equity" Fund will contribute to reducing congestion, increasing mobility, enhancing safety, and improving way-finding in these project areas.



REVIVE 25 continues to work its way through our City, with the goal of treating every Lancaster road by 2025. This innovative program is designed to maximize the life of all our roads by preventing road issues before they occur, which translates to fewer costs in the future and a tax payer savings of more than \$280 million over the next ten years. Being proactive truly pays off. www.ABetterRoadAhead.com



The Master Plan of Complete Streets encourages the development of a network of streets, sidewalks, and public rights-of-way throughout Lancaster that creates a more balanced transportation system. Flexible design concepts and best practices are incorporated to ensure that new and updated street projects are planned, designed, maintained, and operated to enable safe, comfortable, and convenient travel to the greatest extent possible for users of all ages and abilities, including pedestrians, bicyclists, motorists, and transit riders.

The City's Safe Routes to School Master Plan is part of an international movement that aims to increase the number of children who walk or bicycle to school by removing the barriers that prevent them from doing so. An in-depth study of Lancaster's school traffic and road design resulted in a list of improvement plans for each school area.

www.cityoflancasterca.org/srts

The Master Plan for Trails and Bikeways is a guide to the planning and design of pedestrian, bicycle, and equestrian facilities throughout Lancaster. The City's vision is to create a connected network of on-road and off-road trails and bikeway facilities to accommodate users of all ages and abilities. www.cityoflancasterca.org/mptb

The continued progress of our community is exciting. We deeply value the opportunity to serve as stewards of our City's economic stability and overall growth. Long-term sustainability is our goal.

Getting Students' Heads BACK IN THE GAME

After the lazy days of summer vacation, autumn is the time of year when parents are doing their best to help their children get “back in the game” as they head back to school. *The Wall Street Journal* recently published an excellent article in which Major League Baseball’s mental-skills coaches shared tips for bolstering their players’ attitudes and morale. In the same way, parents often serve as “mental coaches” for our kids—helping them have a winning attitude and good habits so they can excel in life.

Rather than watching our children stress over challenging new classes and subjects, we can help them get their heads in the game with a little coaching—and what better way to inspire them than with a few good sports analogies? For sports fans welcoming the start of football and basketball seasons or relishing the last few weeks of baseball season (go Giants!), here are some tried-and-true coaching pointers that can help your youngsters adjust to the new school semester.



Keep your eye on the ball

Whether it’s earning an “A” in a challenging subject, trying out for a team, or mastering a new instrument; we can encourage children to set attainable goals—and then help them work towards meeting those goals.



*City Manager Mark Bozigian (in red)
...some time in the 1960s*



Play to the whistle

Young football players often have to be reminded to not stop themselves short, but continue playing until the referee blows the whistle. In day-to-day life, we can remind our youngsters that they will have a much better chance of winning if they “stick to it” and refuse to quit.

Wrap them up

Good football players tackle their opponents by wrapping their arms around them—not just colliding with them! Help your kids wrap their minds around a topic by encouraging questions and brainstorming with them—this will help them to become really engaged in their projects and get the most out of their classes.



Of course, as parents, it never hurts to have some extra help! In this issue of *OUTLOOK*, we will cover important back-to-school safety information from our Sheriff’s station and schools, list our popular afterschool programs, offer extracurricular classes for the whole family to learn and grow, and provide a number of free family-friendly events. Have a great new school year.

Lancaster ENGAGE

COMMUNITY SPOTLIGHT



“

This just shows how average residents can see something, take it to the proper officials, and see change!

Willie Green, Lancaster Community Member

Proud Veteran and Senior Community Advocate Forges New Path

As the City of Lancaster continues to interact with residents through its new portal, *Lancaster Engage*, it's finding dedicated community members like local veteran and senior advocate Willie Green who is looking for ways to improve the City.

Frequenters of Sierra Highway between Avenues K and L may have noticed the nearly mile-long stretch of new curbing and asphalt—a roadway improvement precipitated by Mr. Green himself.

Mr. Green, an avid bowler and regular at Brunswick Zone Sands Bowl, noticed that many residents of a nearby retirement village were walking along the then unpaved shoulder of Sierra Highway. Realizing this to be a hazard to both pedestrians and motorists, he brought it to the attention of the City of Lancaster during a regularly scheduled City Council meeting.

In that moment, one committed voice became a collective effort to fix an issue within the Lancaster community. With the help of the Lancaster City Council, Director of Development Services Jeff Hogan, and the City of Lancaster's Development Services team, the request for a paved walkway grew into something more.

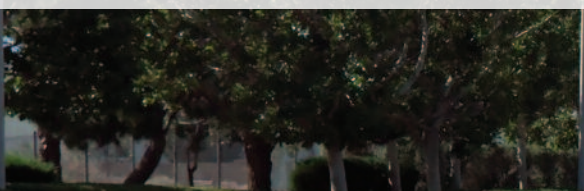
"The City officials saw my vision," said Green, stating that it was Hogan who suggested the addition of curbing in order to protect pedestrians from oncoming traffic.

As a result of this partnership, the City of Lancaster has installed curbing and a temporary asphalt walkway. Upon design completion, the temporary walkway will be transformed into a permanent pedestrian sidewalk.

The City of Lancaster thanks Mr. Green for his candor and commitment to the Lancaster community. It is because of his engagement that the City continues to become an even better place to live, work, play, and walk.

City officials and staff are always open to discussion regarding potential community enhancements, and residents are encouraged to speak up regarding improvements they would like to see. Additionally, residents may engage with the City, and report local issues, via the *Inform Lancaster* app, available in the Apple App Store and Google Play Store.

The City believes staff and residents must work together to remain connected and effect change in our community.



Engage with us at www.cityoflancasterca.org/LancasterEngage

RAM OF THE WEST Truck Center Now Open

If fall's cooler temperatures have you plotting your next off-road excursion, you'll likely want to check out the new RAM of the West Truck Center.

Brothers and third-generation dealership owners Tom and Tim Fuller recently opened the seven-acre facility, which is the largest RAM dealership in North America. No matter what corner of the country you decide to explore, you'll find a truck here to get you there.

"One thing we've learned over the years is that the people of the Antelope Valley love their trucks—especially RAM trucks," said co-owner Tom, who is proud to run Los Angeles County's #1 RAM truck dealership right here in Lancaster.

Fittingly, truck drivers have inspired all the details at this state-of-the-art center. For example, there is a custom carwash big enough to handle dually trucks, as well as extra-large parking spaces.

The center also features the latest in diagnostic and maintenance technology, and it has allowed the dealership to double its service capacity. The extended inventory includes a tremendous selection of commercial and upfitted vehicles. The retail and wholesale operation has also grown thanks to the on-site parts center, which includes its own entrance and parking lot.

The RAM of the West Truck Center is located at 10th Street West and Avenue K-8 in the latest expansion of the Lancaster Auto Mall.

For more information regarding the center and current job opportunities, please visit hunterdodgechryslerjeep.net or call 661-522-0108.



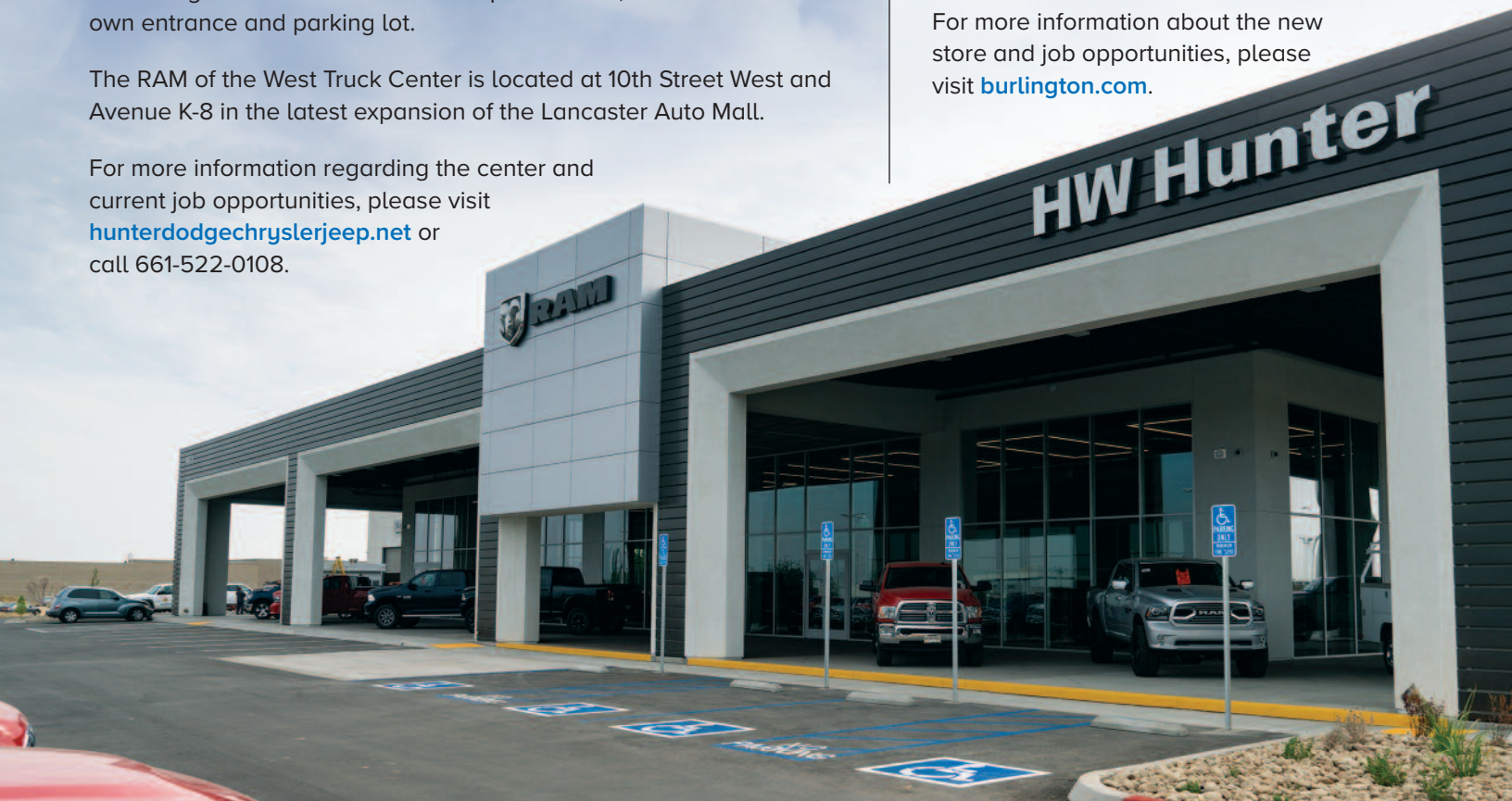
Burlington Arrives in Lancaster

This year, September not only marks the beginning of autumn, but also the arrival of Burlington's first store in Lancaster—just in time for you to buy that fall coat, which the retailer has long been known for.

However, today's Burlington offers much more than coats. It also carries deeply discounted clothes and shoes for the whole family, along with baby goods, furniture, home décor and gifts.

Burlington's 40,000 square feet of redeveloped commercial space at Valley Central Way and Lancaster Boulevard brings dozens of new jobs for residents, as well.

For more information about the new store and job opportunities, please visit burlington.com.



Autumn Leaves Are **FALLING**



While fall leaves can be lovely to look at, it is important that they get bagged up with other yard trimmings. If they are blown or swept into the street, they can clog gutters and drains, which wreaks havoc on the City's storm water inlets. It can even lead to neighborhood flooding!

Please remember that street sweepers cannot collect big piles of leaves and debris. By putting autumn leaves in the green waste bin, you'll be helping to keep Lancaster clean and running smoothly.



lancaster:  A City@ Work

SO COOL:

City Testing Asphalt Designed to Absorb Less Heat

The City is testing out a new road asphalt that's pretty cool, literally.

CoolSeal is a water-based mixture that dries white instead of black, which allows it to reflect more of the sun's energy and remain cooler, as its name suggests.

For example, on a 77-degree day, black asphalt can get hotter than 125 degrees. CoolSeal, however, has cooled road surfaces by 12 to 25 degrees during tests. And in some cases, CoolSeal has reduced road heat by up to 40 degrees.



CoolSeal photos courtesy of GuardTop

Lancaster is testing CoolSeal in the downtown area on Ehrlich Avenue, just north of The BLVD. If the current project proves successful, more installations may follow, providing cooler, more enjoyable streets for Lancaster residents and visitors.

“

By lowering the temperature of the road surface, the City hopes to encourage an active community, even during our hottest months.

Nick Haecker, Public Works Traffic Supervisor

California

Cultural

Districts

The BLVD

Cultural District

The City of Lancaster's downtown BLVD District has been named one of only 14 California Cultural Districts throughout the state, joining the ranks of Balboa Park in San Diego and Little Tokyo in Los Angeles.

In this issue of OUTLOOK, we continue to highlight the many unique aspects of The BLVD, which make it the hub of cultural activity for our region. This issue's focus is on Lancaster's vital arts scene.

Muralist Mark Dean Veca



Colorful autumn leaves aren't the only pop of color coming to downtown Lancaster this season. In October, The BLVD will become home to a number of new murals as part of the 2018 POW! WOW! Antelope Valley.

In 2016, artists worldwide converged in the heart of Lancaster for the first POW! WOW! Antelope Valley, a street art festival which resulted in a dozen colorful murals decorating the walls of selected structures throughout the downtown district.

POW! WOW! 2018 will feature more than 20 artists from across the globe, including several extraordinary southern California artists.

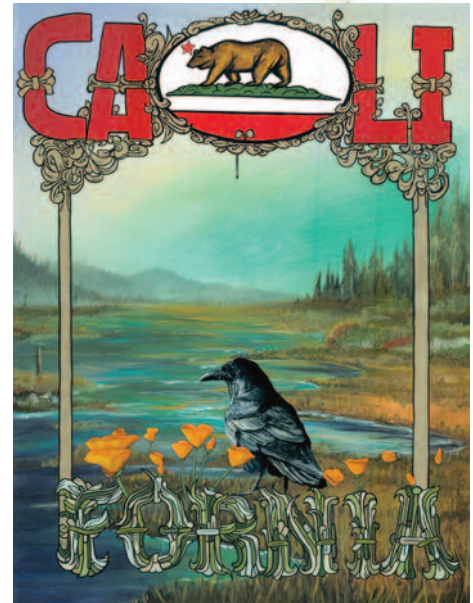
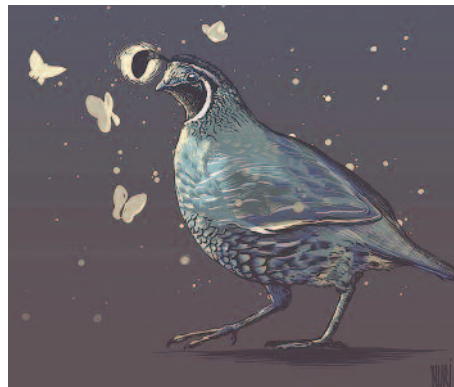
A SAMPLING OF LOCAL ARTISTS

Featured clockwise from top right:

- Tina Dille, Tehachapi
- Julius Eastman, Lancaster
- Amir H. Fallah, Los Angeles
- Nuri Amanatullah, Quartz Hill

POW! WOW! 2018 will take place October 14-21, culminating in a street festival on October 21. The free festival is open to the public and will also include a car show.

For more information, visit lancastermoah.org/powwow.



POW! WOW!

ANTELOPE VALLEY

ART AND MUSIC FESTIVAL
OCTOBER 14-21

VIP PARTY
OCTOBER 20, 6-10PM
\$45 PER PERSON

FREE PUBLIC FESTIVAL AND CAR SHOW
OCTOBER 21

For tickets and hotel booking information, please visit
www.Lmpaf.org

FOLLOW MOAH FOR EVENT SCHEDULES
AND EXCLUSIVE CONTENT!



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@MOAHLANCASTER

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it's positively clear

MOAH LANCASTER
MUSEUM &
PUBLIC ART
FOUNDATION

THE BLVD
ASSOCIATION

MOAH MUSEUM
OF ART &
HISTORY

OluKai

MONSTER
ENERGY



thinkspace
DESTINATION  LANCASTER

California
Cultural
Districts
The BLVD
Cultural District

MONTANA
CANS 
HAWAIIAN
AIRLINES.





MOAH MUSEUM OF ART & HISTORY

THE NEW VANGUARD II

October 21 - December 30

In collaboration with Los Angeles' Thinkspace Projects, MOAH is pleased to present *The New Vanguard II*, featuring works and installations by more than 40 internationally renowned artists from the New Contemporary Movement.

Solo Exhibitions by:
SANDRA CHEVRIER SETH ARMSTRONG
BROOKS SALZWEDEL CRAIG "SKIBS" BARKER

thinkspace

IMAGE: Sandra Chevrier, *La Cage Je n'ai pas peur*, 2018



@LANCASTERMOAH



@MOAHLANCASTER



@THINKSPACE_ART

Lancastermoah.org | (661) 723 - 6250 | 665 W. Lancaster BLVD, Lancaster, CA 93534



PURCHASE YOUR 2018/2019
SEASON TICKETS AT
LPAC.ORG

STARSHIP FEATURING MICKEY THOMAS - OCTOBER 13 | 8 PM



DEAD MAN'S PARTY
OINGO BOINGO & DANNY ELFMAN TRIBUTE
OCTOBER 31 | 7:30 PM



THE KINGSTON TRIO - NOVEMBER 17 | 8 PM

750 WEST LANCASTER BLVD | 661.723.5950

STAY CONNECTED!



The BLVD: REMIXED

No matter how you choose to have fun this fall, The BLVD has you covered



Cooler weather is right around the corner, which means it's prime time to step out and have a little fun. Enjoy dinner al fresco at Don Sal Cocina & Cantina or on the cozy patio at Pour d'Vino. Let loose at the recently revamped Underground Bowling Lounge or cut a rug at Buckle & Boots Watering Hole.

After all that, you can take in a movie at The BLVD Cinemas or have some chilling fun at The Greatest Escape.

It's all here, right on The BLVD.

California

Cultural

Districts

The BLVD

Cultural District

theblvdlanaster.com

Follow us on  

Lancaster Boulevard from
10th Street West to Sierra Highway
and Jackman to Milling Streets





When the Karts Come RACING IN!

SUPERKARTS! USA RACING RETURNS TO THE BLVD

Join a lively crowd of karting super fans as they get revved up for the tenth annual Streets of Lancaster Grand Prix. Adrenaline will fill the streets of Downtown Lancaster for this three-day event! Watch as a group of daring pro drivers speed through straightaways and hug turns at nearly 100 mph, mere inches from the pavement.

Each year The BLVD, turned raceway, attracts thousands of spectators who gather to see professional go-kart racers contend for top points in the highly competitive California ProKart Challenge. Alongside the pros will be a number of steadfast local amateurs seeking to feed their need for speed, as well as garner bragging rights in a series of friendly grudge races.

In addition to the excitement on the track, attendees will enjoy an assortment of activities, including a Street Party on Friday and Saturday featuring food trucks, a classic car show (Saturday only), live music, and kid-friendly activities.

For the full event schedule and up-to-the-minute details, race over to www.streetsoflancaster.com.

**FRIDAY, SEPTEMBER 28 -
SUNDAY, SEPTEMBER 30**

SCHEDULE

Friday & Saturday

Racing from 8 a.m. - 10 p.m.

Street Party starts at 6 p.m.

Racing Sunday: 8 a.m. - 4 p.m.

ADMISSION

Spectators - FREE

Professional Racers - See website for entry information.

See website for complete details.



*Tail wagging fun for
the whole family!*



SATURDAY, OCTOBER 6

10 a.m. - 6 p.m. | FREE

Sgt. Steve Owen Memorial Park

*Celebrate man's best friend
with a day long pooch party.*

- Doggie Fun Zone
- Pet Parade
- Agility Course Demos
- Urban Sledding
- Canine Carnival
- Disc Dogs
- Diving Dogs
- Obedience Tests
- Vendors and Exhibitions
- Raffles, Games, and Prizes

All well-behaved, licensed, and vaccinated dogs are welcome. Non-retractable leashes are required. Some activities have modest fees which support the local organizations sponsoring the activities and may require advance registration. Raffle proceeds benefit the local Los Angeles County Animal Shelter.

For complete information, visit
www.lancasterbarkatthepark.org.



The City of Lancaster presents

FIELD OF DRAFTS™

6th Annual

Beer Festival



IF YOU BREW IT,
THEY WILL COME.

lanaster  ca
it's positively clear

★

General Admission	\$45
VIP Admission	SOLD OUT
VIP Designated Driver	SOLD OUT
Designated Driver	\$10
Veterans & Seniors	\$10 off
Preferred Parking	\$5

**TICKETS ON
SALE NOW**



FIELD OF DRAFTS.COM

SATURDAY, NOVEMBER 3 • 1 TO 5 PM

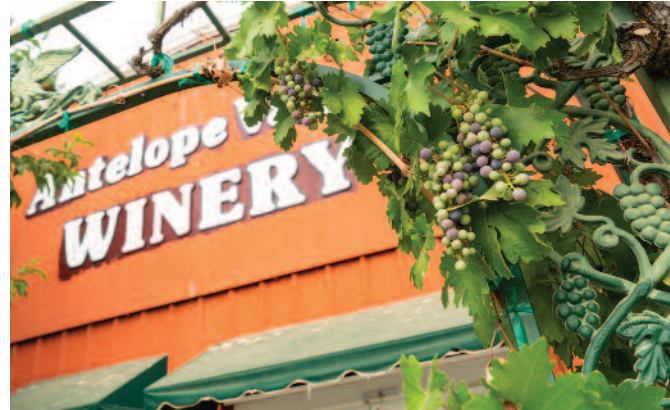
LANCASTER MUNICIPAL STADIUM

For additional information, call the Parks, Recreation & Arts Department at (661) 723-6077.

SIP & SWIRL YOUR WAY Through Antelope Valley's Wineries

If you think Napa has a monopoly on top-notch wine, think again. Lancaster is home to some of the world's best winemakers—and they have the awards to back it.

If you appreciate well-made wine, here are a few local tasting rooms you'll want to visit:



ANTELOPE VALLEY WINERY

The Donato family started making wine in the Antelope Valley more than 30 years ago—and today, their vintage varietals are still drawing crowds to their quaint vineyard in west Lancaster. Many of their blends are delicious and affordable, making them great table wines.

Sip this: This winery is known for its dry and fruity red wines, such as the Runway Red house blend. If you prefer white, a popular pick is the Paloma Blanca, a German-style sweet wine with hints of peach and pear.

Cheers to that: The tasting room doubles as a gourmet gift shop that's sure to please any foodie. The Donato family also raises grass-fed buffalo that is free of hormones or antibiotics. Naturally, you can buy that at the shop—along with other rare meats, such as ostrich and alligator. There's also a farmers' market every Saturday, May through November.

42041 20th Street West, Lancaster
661-722-0145
avwinery.com



BARRETT CELLARS

This boutique winery was recently launched by John Barrett, who has been a staple in the Antelope Valley wine community for many years. He's brought his own flair to the tasting room, which feels more like a lounge—complete with fireside nooks where you'll want to linger over a glass of their delightful wine.

Sip this: White and blush wines are a specialty here, but there are some interesting red varieties, including the Panacea dessert wine made using Alicante Bouschet grapes, which are rare in California.

Cheers to that: The tasting room stays open until 10 p.m. on Fridays—plus there's a patio, in case you feel like enjoying your wine al fresco. A steady lineup of live music and events every week make this a go-to favorite for locals. Check the website for up-to-date information.

114 West Newgrove Street, Lancaster
661-816-1661
barrettcellars.com



CORUCE VINEYARDS

Every wine that Coruce has ever entered in competitions has won a medal. If that's not enough to get you through the door, perhaps the friendly ambiance in the tasting room will be.

Proprietors Coreen Savikko and Bruce Burch opened it last year, though they've been making wine in the Antelope Valley for more than a decade. Their tasting room is already on the fast track to becoming a local favorite thanks to its award-winning wines and warm ambiance.

Sip this: The Red Door Winemaker's Reserve Blend and Zinfandel just nabbed gold medals in the 2018 *San Francisco Chronicle* International Wine Competition. The Viognier, Malbec, and Estate Grown Symphony all earned silver medals, too.

Cheers to that: The tasting room regularly hosts events, such as live music and painting classes—which are all listed on their website. And this tasting room earns a few extra points because its staff is known to keep customers in stitches by cracking jokes from behind the bar.

1055 West Columbia Way, Lancaster
661-494-8877
corucevineyardsandwinery.com



DESTINATION  LANCASTER CA
destinationlancasterca.org

Law Enforcement and High School District Work Together to Create Safer Schools; Enlist Parents' Help

A MESSAGE FROM LANCASTER SHERIFF'S STATION CAPTAIN TODD WEBER

Throughout the year, local law enforcement officers work with school officials, faculty, and students to conduct training and drills which prepare us for a variety of emergency situations. Unfortunately, school shootings have become a reality for many cities and towns throughout this nation. Until May of 2018, it was a scenario we in the local law enforcement community had hoped we would never have to face, but one we were prepared for. As the 2018-2019 school year begins, we would like our residents to know that the Lancaster Sheriff's Station, along with the Los Angeles Sheriff's Department, diligently works hand-in-hand with the staff and administration at all of our Antelope Valley High School District campuses to create the safest schools possible.



Captain Todd Weber



Every threat, whether it be verbal or on social media, is taken seriously by our deputies and investigated immediately and thoroughly. Our investigations have shown that a large majority of these threats are made by students as a "joke" or "prank." Our deputies **MUST** treat every threat as real.

PARENTS: This is where we need YOUR help! Talk to your students about the serious consequences of making these types of "jokes" and "pranks." Regardless of their intention, these threats are unlawful, with significant consequences, and it is important for our children to know this.

It is crucial that parents, teachers and administrators take action when necessary. Here is what parents and guardians can do to help:



- Ensure your child/student knows and understands the severity of making a false threat. Our deputies cannot tell that their comment is a "joke" until it has been investigated. There could be criminal, civil, financial, and administrative consequences at both the school level and Sheriff's Department level.
- Stay connected and monitor your child/student's social media activities. Sites such as Instagram and Facebook allow your child to send/receive private messages. Don't forget to **CHECK THOSE!**
- Reach out to your principal, deputies, or other trained professionals if you see behavior indicative of self-harm or harm to others.
- Please, please ensure that if you own a firearm, it is kept locked and secured. **This is the law.**
- **If you see or hear something, SAY SOMETHING!** Our schools' and community's safety is everyone's responsibility.

Let's help our kids get the most out of their educational experience by working together to create the safest schools possible. If you have any questions, call the Lancaster Sheriff's Station at 661-948-8466 or contact your local school resource deputy.

**A MESSAGE FROM ANTELOPE VALLEY
UNION HIGH SCHOOL DISTRICT
SUPERINTENDENT DR. DAVID J. VIERRA**



David J. Vierra, Ph.D.

With the beginning of a new school year underway, we want our community to be aware of our continued commitment to safety, which includes multiple, proactive approaches to fortifying security throughout our schools.

In April and June 2018, we conducted safety reviews of our campuses that resulted in the implementation of enhanced safety measures. These measures vary by school and include upgraded fencing, increased security and counseling personnel, updated surveillance cameras, front entrance modifications, and door locking devices. We also incorporated additional training with the Lancaster Sheriff's Station and revised student, staff, and visitor identification processes.

For more than 25 years, we have had a dedicated school deputy on campus each day. In addition to this, we continue to focus on our students' social and emotional needs through various programs and counseling outreach; provide safety training to our students and staff; and underscore the importance of vigilance through "See Something, Say Something."

To review security enhancements by school or to provide feedback, please visit our website at avdistrict.org.

With the changing of the seasons, the sun sets earlier, the days grow shorter, and then suddenly, we are celebrating harvest time and beginning our holiday shopping. Here are some tips to help keep you and your family safe this autumn.

HALLOWEEN SAFETY TIPS

Traffic Tips

- Be visible: carry a flashlight and attach reflective tape to costumes and bags to help drivers see you.
- Look both ways before crossing the street and use established crosswalks wherever possible.
- Only walk on sidewalks, or on the far edge of the road facing traffic.

Personal Safety

- Avoid trick-or-treating alone. Walk in groups or with a trusted adult. Only visit well-lit houses.
- Examine all treats for choking hazards and tampering.
- Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

Smart Costume Choices

- Choose flame-resistant costumes and avoid open flames.
- Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- Costume accessories, such as play swords or knives, should be short, soft, and flexible.



HOLIDAY SHOPPING SAFETY GUIDELINES

- Stay alert and be aware of your surroundings.
- Shop before it gets dark when possible and never park in an unlit area, no matter how convenient it is.
- Coordinate shopping trips with a friend or family member.
- Always secure your vehicle; keep windows rolled up and doors locked.
- Lock packages, gifts, and valuables in the trunk of your vehicle.
- Avoid carrying large amounts of cash.
- Have vehicle keys or fob in your hand before you walk to your vehicle.
- Avoid walking to your vehicle distracted. This could mean talking on your cellphone, texting, or even being lost in your thoughts.
- Beware of strangers approaching you for any reason.
- Ask store security to walk you to your vehicle if you feel uncomfortable.





WORK LOCAL!

Antelope Valley

New City Program Will Help You LAND THAT NEXT JOB

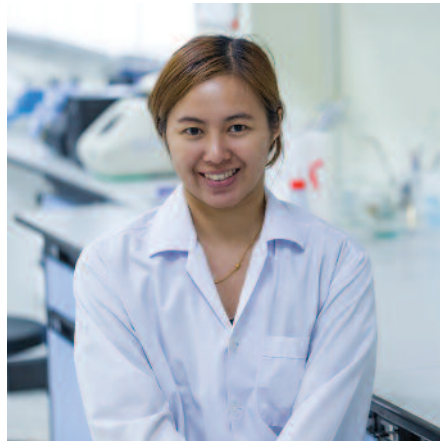
If you're ready to advance your career, the Antelope Valley is brimming with opportunity—and a new City of Lancaster program will help you find it.

The City just launched **AV Work Local**, which connects local candidates with nearby companies that are hiring.

If candidates aren't quite qualified for a job, the program will even help them get the education and training they need to succeed.

"We're eager to empower job seekers with resources so they can reach that next level," explained Nicole Allen with the City's Strategic Communications & Marketing Office. "There are many programs here in the Antelope Valley that are tailored for our local industries."

For example, aerospace companies such as Northrop Grumman regularly hire for aircraft assembly—and Antelope Valley College offers training programs specifically for that industry skillset.



“

We're eager to empower job seekers with resources so they can reach that next level. There are many programs here in the Antelope Valley that are tailored for our local industries.

Nicole Allen, Strategic Communications & Marketing

There are also tremendous opportunities with the Los Angeles County Sheriff's Department, which is trying to fill many deputy positions. And due to a staff shortage, many local school districts are hiring for teacher and office positions.

In addition, manufacturing companies BYD and Lance Camper have just expanded—and both have announced plans to grow more soon. The companies are hoping to fill hundreds of jobs from production to administration.

No matter the experience, education, or career goals—there's an opportunity here in the Antelope Valley and the City can help residents land their next job, right here locally.

Visit www.AVWorkLocal.com for more information or call 661-723-6128.





PRIME DESERT WOODLAND PRESERVE

43201 35th Street West | Lancaster (Avenue K-8 at 35th Street West)

MOON WALKS | Saturdays | \$2 donation welcome, ages 3 and under free
September 22, 7 p.m. | October 20, 6:30 p.m. | November 17, 5:30 p.m.

Jeremy Amarant, Director of Palmdale School District's SAGE Planetarium, will take you on a one-mile guided tour of the Preserve to learn more about the night sky. Weather permitting, AV Astronomy Club will offer a look at the night sky through their telescopes.

SCARY SCIENCE | October 20, 4 p.m. | Free

Jeremy Amarant, "Mad Scientist" and Director of Palmdale School District's SAGE Planetarium, will dazzle kids and adults alike with this spectacular presentation of science and astronomy.

FREE GUIDED TOUR | November 10, Noon | Free

Park Rangers provide personal tours of the Prime Desert Woodland Preserve's beautiful trail system. Se habla Español.

MOON AND CRATERS | November 10, 6 p.m. | \$3, ages 3 and under free

Griffith Observatory Astronomist Stephanie Stawinski will deliver an amazing presentation of our closest celestial object: the Moon. Her visual representation will include an interactive demonstration with flashlights and balls, followed by an activity exploring craters. Participants will create their own craters and simulate crater effects.

RANGER OUTREACH PROGRAM | August-May (school calendar)

Park Rangers visit local schools and share facts on local wildlife and plant life. Students can see and touch deer antlers; turtle shells; rabbit, snake and coyote skins; and more. Age-appropriate programs are available for grades K-12. For more information, call 661-723-6257.

YOGA FOR "EVERY BODY" AT THE PRIME

Every Wednesday of the Month*, 5:30 - 6:30 p.m.

\$5 donation to instructor welcome

Re-energize your mind, body, and soul with our slow-flowing gentle yoga practice and meditation set in the serene and secluded pavilion at the Prime Desert Woodland Preserve. This donation-based class is perfect for beginners or those who enjoy a slower more mindful-based practice. For more information, please call 661-723-6077. *Except on holidays.



Come visit the 123-acre Preserve, featuring nearly three miles of trails.

Hours: 6 a.m. to sunset

The Interpretive Center is open Saturday, Sunday, and Wednesday from 10 a.m. to 4 p.m. For group tours, call the Preserve Ranger at 661-723-6230 or the PDW Supervisor at 661-723-6257. Fees to attend presentations will be collected at the door of the Interpretive Center on the day of each presentation. All presentations and walks last approximately one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks.

Parking and attendance are limited for events held in the Interpretive Center. No reservations are required.



The Elyze Clifford Interpretive Center, located at Prime Desert Woodland Preserve, features a new permanent exhibition, designed by the Lancaster Museum of Art and History.



A WIN-WIN:

How You Can Help the Planet and Save Money

Lancaster Choice Energy is offering a free program that will help Lancaster homeowners and small business owners reduce their carbon footprint and save money.

Imagine you could do something good for the Earth—and save some money for doing it.

Essentially, that sums up the Energy Efficiency Program that is now available to Lancaster Choice Energy homeowners and small business owner customers.

Lancaster recently launched the program, which offers free resources to help the community cut back on energy consumption—something that's ultimately good for everyone's budget and the environment.

Even better, the program will not cost taxpayers any money. Nearly \$1.2 million from Southern California Edison's Energy Efficiency Portfolio budget has been earmarked for the program—a move that was approved by the California Public Utilities Commission (CPUC) in April 2018.

HERE IS HOW THE PROGRAM CAN HELP

Energy Advisor Program

- Homeowners get a free survey to highlight some ways to use less energy around the house.
- Program advisors will also list free and low-cost ways to cut back energy usage. This includes weatherization, efficiency upgrades, and special financing programs for energy-saving appliances and equipment.



Small Commercial Direct Install Program

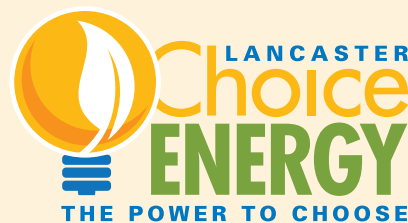
- Small business owners get free to low-cost retrofits designed to cut back energy usage.
- With more efficient systems in place, business owners can save money on their overhead while also reducing carbon emissions.

LESS WASTED ENERGY | MORE MONEY IN YOUR POCKET

Sometimes less really is more. At least, that is the case if you take advantage of Lancaster Choice Energy's new program.

If you are an LCE customer, this free program will help you update your home or small business in ways that conserve energy—and that means you will be spending less on your monthly bill.

Contact us today. It is as easy as 1-2-3!
www.LancasterChoiceEnergy.com
 661-723-4123





RECYCLE RIGHT:

- Recycle all empty bottles, cans, paper and cardboard
- Keep food and liquid out of the recycling
- Don't bag your recyclables

Act Two.

Recycling gives new life to old materials. A plastic water bottle, for example, can become a park bench or the filling for a new coat. By doing your part, you can help save raw materials which also saves time, energy and expense.

Learn more and become a Recycling Ambassador at:

RecycleOftenRecycleRight.com

"Recycle Often. Recycle Right" is a service mark of Waste Management, Inc. © Waste Management, Inc. 2014. All rights reserved. Use without permission is strictly prohibited.



THINK GREEN.®

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Waste Management of Antelope Valley. Please extend your thanks and patronage to all our City Partners.

AVTA...Keeping you connected!

Providing community-oriented, environmentally friendly bus service for the Antelope Valley, and connecting our riders to the people and places they value the most. Go to work, school, visit friends and family, all while saving time and money with transportation that is safe, comfortable, and reliable.

- Local routes connecting you to businesses, schools, and health-care
- Commuter routes connecting you to Downtown LA, Century City, and the San Fernando Valley
- New! Express route connecting Antelope Valley College to the AVC Palmdale Center

Connect to the world with free WiFi service on our new electric local buses and all commuter buses!

Let AVTA be your connection to everything life has to offer. Thanks for joining us!

www.avta.com
661.945.9445



Leading the way...

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including AVTA. Please extend your thanks and patronage to all our City Partners.

**THE FUTURE,
THE PAST,
EVERYTHING IN-BETWEEN**

**BOB
FM
103.9**

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Adelman Broadcasting. Please extend your thanks and patronage to all our City Partners.

Parks, Recreation AND Arts ACTIVITY GUIDE

SEPTEMBER 2018

lancaster  ca



New online enrollment system allows registration from any screen, anytime.

Signing up for classes will now be much easier, thanks to a brand-new registration system recently implemented. The new system allows you to search, select, and register for classes right from your laptop, tablet, or phone. You can even rent facilities online. In-person registration is no longer required.





Celebrating Friendships

High Desert Medical Group

Caring for families in the Antelope Valley for more than 35 years

Geriatrics • Family Medicine • Internal Medicine

24-Hour Nurse Line: 800.424.2273

24-Hour Urgent Care: 43839 N. 15th St. W., Lancaster - 661.945.5984

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including High Desert Medical Group. Please extend your thanks and patronage to all our City Partners.

Parks, Recreation AND Arts ACTIVITY GUIDE

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Registration Details

- **ONLINE REGISTRATION** requires debit or credit card. Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee. **Example:** \$40 (\$46 NR).
- **REFUND REQUESTS** must be made at least 48 (business) hours prior to the first program meeting. A \$3 per enrollment handling fee will be applied to all refunds. Sorry, no refunds given after program has started. Please allow three weeks for processing refund. Due to enrollment factors and other conditions beyond the control of staff, schedules are subject to change, cancellation, and rescheduling.
- **REGISTRATION** constitutes consent to the use of any photographs taken to be used for City marketing purposes.
- **FOR MORE INFORMATION**, call 661-723-6077 or visit www.cityoflanasterca.org/register.



New class offering



Instructor



No fee



Bilingual instructor



Healthy, active lifestyles

The BLVD MARKET

April - October
Thursdays, 4 - 9 p.m.
Lancaster Boulevard
Fern Avenue - Ehrlich Avenue



November - March
Thursdays, 3 - 7 p.m.
Lancaster Boulevard
Fern Avenue - Ehrlich Avenue





FALL FUN

at the AV Fair & Event Center

One Great Weekend—Three Great Events!



RAM PRCA California Circuit Finals Rodeo October 5, 6 and 7

Visit cafinalesrodeo.com for tickets.

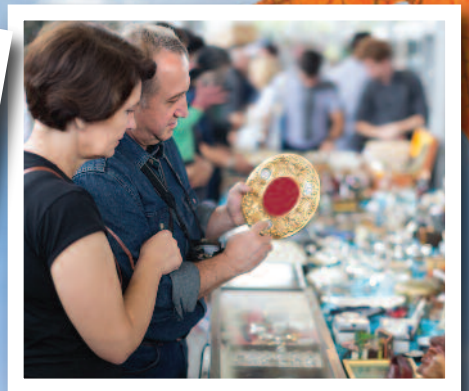


The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including the AV Fair & Event Center. Please extend your thanks and patronage to all our City Partners.



Craft Fair October 5, 6 and 7

Friday & Saturday
12 - 8 p.m.
Sunday
12 - 4 p.m.



Lancaster Chamber of Commerce Flea Market October 7

7 a.m. - 4 p.m.

AV FAIR & EVENT CENTER

2551 W. Avenue H | Lancaster | avfair.com

City of Lancaster Parks & Facilities

American Heroes Park

701 West Kettering Street • 661-723-6077
Community Building, 642 West Jackman Street

Cedar Center for the Arts

44851 Cedar Avenue • 661-723-6077

Deputy Pierre W. Bain Park/Eastside Pool

45045 5th Street East • 661-723-6077 / 661-723-6255

El Dorado Park

44501 5th Street East • 661-723-6077

Forrest E. Hull, M.D. Park

2850 West Avenue L-12 • 661-723-6077

James C. Gilley Lancaster National Soccer Center

43000 30th Street East • 661-723-6077

Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6077 / 661-723-6288

Lancaster Museum of Art and History (MOAH)

665 West Lancaster Boulevard • 661-723-6250

Lancaster Performing Arts Center

750 West Lancaster Boulevard • 661-723-5950

Mariposa Park

45755 Fig Avenue • 661-723-6077

Prime Desert Woodland Preserve/ Elyze Clifford Interpretive Center

43201 35th Street West • 661-723-6230

Rawley Duntley Park

3334 West Avenue K • 661-723-6077

Sgt. Steve Owen Memorial Park Tennis Center/Big 8 Softball Complex

43063 10th Street West • 661-723-6077

Skytower Park

43434 Vineyard Drive • 661-723-6077

Tierra Bonita Park

44910 27th Street East • 661-723-6077

Western Hotel Museum

557 West Lancaster Boulevard • 661-723-6250

Whit Carter Park

45635 Sierra Highway • 661-723-6077



PRESCHOOL

Registration for El Dorado and Jane Reynolds Park preschool programs can now be completed online!

A recent (within the last month) photo of your child, as well as emergency contact information is required. No class Nov. 12, 19-23.

El Dorado Preschool | City Staff

Parents are required to pack a nutritious snack for their child every day and volunteer three times during the course. El Dorado Park, Preschool Building.

Wee Folks

(3 yrs.) A positive first-school experience for young children, Wee Folks encourages social development through group activities and play. Class activities include crafts, stories, outdoor activities, and snack. Potty-trained child must have turned 3 by Sep. 1, 2018. \$180 (\$187 NR).

T/TH	Oct. 2-Dec. 13	9-11:30 a.m.
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Preschool

(4 yrs.) A Kindergarten preparation class where young students enhance their social skills through play, art, stories, songs, games, and outside play activities. Students are encouraged to develop their independence, improve their self-help and sharing skills, and learn to follow directions. Potty-trained child must have turned 4 by Sep. 1, 2018. \$270 (\$277 NR).

M/W/F	Oct. 1-Dec. 14	9-11:30 a.m.
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Jane Reynolds Preschool | Lynnette Bass

Parents are required to pack a nutritious snack for their child every day and volunteer three times during the course. Materials fee: \$10 per session, due to the instructor on the first day of class. Jane Reynolds Park, Room 2.

Play Brigade

(3 yrs.) An introductory-level preschool class where children can be themselves and have fun learning. Key school-readiness skills, such as following directions and showing respect to others, as well as fine motor skills, will be developed. Potty-trained child must have turned 3 by Sep. 1, 2018. \$180 (\$187 NR).

T/TH	Oct. 2-Dec. 13	9-11:30 a.m.
------	----------------	--------------

Preschool

(4 yrs.) Through purposefully designed educational environments and enrichment activities, preschoolers have joyful, appropriate, and meaningful learning experiences that lead to success in school and in life. Potty-trained child must have turned 4 by Sep. 1, 2018. \$285 (\$292 NR).

M/W/F	Oct. 1-Dec. 14	9 a.m.-Noon
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YOUTH ENRICHMENT

After-School Enrichment Centers

Structured and safe after-school programs for K-6 are offered at Nancy Cory, Sundown, Valley View, and West Wind schools, M-F until 6 p.m. Staff is fingerprinted and CPR/First Aid certified. \$130 per month. Priority registration for all participants ends on the 15th of the month prior to the upcoming month. **New student enrollments are now via online registration!**



Chess | Daa Anne Mahowald

Chess Mini-Game Tournament

(Grades K-12) The **Mini-Game** Chess Tournament will introduce the six chess pieces and a mini-game specific to each piece. No previous chess knowledge required. Advanced registration: \$15. Day-of registration: \$20. AV Chess, 3710 Neola Way.

Sat. Oct. 6 10 a.m.-3 p.m.

Kids' Chess Club

(Grades K-8) Each week, students will experience hands-on group chess activities that advance their understanding and appreciation for the game. Prior knowledge of chess is not necessary. Chess sets and boards will be supplied for class time. Parents are welcome to observe or volunteer. \$63 (\$70 NR). AV Chess, 3710 Neola Way. No class Nov. 23.

Fri. Oct. 5-Dec. 14 4-5:30 p.m.

Gingerbread House Decorating Party

Antelope Valley 4-H

(8-18 yrs.) Come join the fun and learn creative and fun ways to decorate a gingerbread house. Participants get to take home their own completed house. Bring a bag of candy to share for decorating and a cookie sheet to take your creation home. \$7 (\$9 NR). Materials fee: \$12. American Heroes Park, Community Building.



Fri. Dec. 14 5-7:30 p.m.

Lego Robotics | Innovation Education

(7-13 yrs.) Students will design, modify, and program robots that avoid obstacles, pick up objects, and more! \$80 (\$87 NR). Quartz Hill Elementary Cafeteria, 41820 50th Street West.

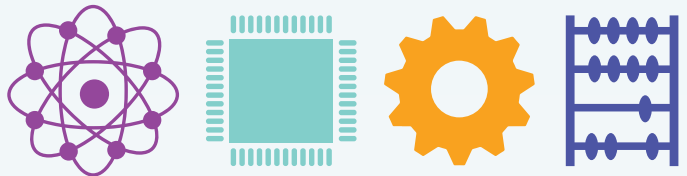
**Due to the holiday on Dec. 25, some classes will be extended by 30 minutes for the month of Dec. See online description for details.*

Tue.	Oct. 9-30	4:30-5:30 p.m.
Tue.	Nov. 6-27	4:30-5:30 p.m.
Tue	Dec. 4-18*	4:30-6 p.m.

Mommy/Daddy & Me | Lynnette Bass

(9 mos.-3 yrs.) Optimize your baby's development with this highly interactive experience, emphasizing mindful parenting and attachment theory with a relational approach. \$90 (\$97 NR). Materials fee: \$8. Jane Reynolds Park, Room 2. No class Nov. 20 & 22.

T/TH Oct. 2-Dec. 13 Noon-1:30 p.m.



STEM for Kids | Tammie Sisson

(Kindergarten-6th Grade) During each class, students will complete projects that encourage building skills, play, and learn about science in a fun, creative way. Students will be taught to follow the scientific method. \$40 (\$47 NR). Materials fee: \$12. Cedar Center for the Arts, Classroom 204. No class Nov. 19.

Water	Mon.	Oct. 1-15	4:30-6 p.m.
Buildings	Mon.	Nov. 5-19	4:30-6 p.m.
Simple Machines	Mon.	Dec. 3-17	4:30-6 p.m.

Storytime Adventures | Tracy Stickler

(3-6 yrs.) Storytime Adventures revolves around different themed stories. Each week includes music, movement, and multi-sensory learning activities that will enhance cognitive, language, physical, creative, and social-emotional development. \$80 (\$87 NR). Materials fee: \$8. El Dorado Park, Preschool Building. No class Nov. 24 & Dec. 22.

Sat. Oct. 6-Dec. 29 11 a.m.-Noon

Youth Self-Defense & Safety Awareness

Young Champions

(4-18 yrs.) Safety awareness and self-defense are combined in a fun, structured environment. Students, placed according to age and ability, will learn and practice skills to advance in rank and earn belts. \$112 (\$119 NR). **Registration with the City of Lancaster is required.** Materials fee: \$8. Cedar Center for the Arts, Memorial Hall.

Session: Fridays, Sep. 21-Jan. 11. No class Sep. 28, Nov. 23, Dec. 21 & 28.

New students (4-9 yrs)	4:30-5:10 p.m.
New students (10 yrs.+) and Yellow belt	5:15-5:55 p.m.
Orange belt and above	6-6:40 p.m.

ARTS EDUCATION

Animation | Orlando Baeza

(10 yrs.-Adult) **BACK BY POPULAR DEMAND!** Learn the art of animation from one of the leading artists for the award-winning series *Bob's Burgers*! Instructor provides tablets for students to utilize in class. Each class meets multiple times a week. Full course descriptions are available online. \$125 (\$132 NR). Materials fee: \$40. *Sibling and multi-class discounts available.* Cedar Center for the Arts, Classroom 204.

Session: Oct. 6-Dec. 1. No class Oct. 27 & Nov. 24.

Class	Mon.	Tue.	Wed.	Thu.	Sat.
Storyboarding Basics Class Storyboarding Basics Practice		3-4:30 p.m.		3-4:30 p.m.	12-12:45 p.m.
Animation Basics Class Animation Basics Practice	3-4:30 p.m.		3-4:30 p.m.		1-1:45 p.m.
Character Design Basics Class Character Design Basics Practice				3-4:30 p.m.	2-2:45 p.m.
Comic Basics Class Comic Basics Practice		5-6 p.m. 5-6 p.m.	5-6 p.m. 5-6 p.m.	5-6 p.m. 5-6 p.m.	

Camera Clarity | Phillip Kocurek

(16 yrs.-Adult) Your digital single lens reflex camera (DSLR) is a versatile instrument. Get out of auto mode and discover its potential. Learn how to get creative control over your camera and your photography. Bring your digital or film DSLR camera to class. \$75 (\$82 NR). Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center: Game Room.

Wed. Oct. 24-Nov. 21 6-7:30 p.m.

Kids' Masterworks | ArtAround Studio

(7-13 yrs.) Each month, an art movement/period is introduced to the class. Students may create a master copy and eventually paint their own interpretation of the art type. Young artists will experience a wide array of mediums. \$35 (\$42 NR). Materials fee: \$25. MOAH, Classroom.

Tue. Pointillism Oct. 9-30 4:30-6 p.m.
Tue. Cubism Nov. 6-27 4:30-6 p.m.

D's Ceramics | Steven Mosley

Materials fee: \$25. D's Ceramics: Lancaster Marketplace, 2330 Mall Loop Drive, Unit 5-121.

Children's Art Program - CAP

(6-12 yrs.) Students experience hands-on work with clay, paints, and glazes, while learning a variety of ceramic art styles, including potter's wheel, sculpting, and ceramic art. **Adult supervision required.** \$50 (\$57 NR).

Sat. Oct. 6-27 1-2:30 p.m.

Potter's Wheel

(13 yrs.-Adult) Learn throwing, wedging, centering, and creating basic forms—such as bowls, jars, and vases—on the potter's wheel. **Participants 13-17 yrs. must have adult supervision.** \$65 (\$72 NR).



Paint a Watercolor Landscape! | Frank Dixon

(7 yrs.-Adult) Students will draw and paint three different watercolor landscapes over three, two-hour Saturday classes. One of the paintings will be a sailboat on a lake (image pictured above). The teacher will paint each picture in class and students will follow along painting their own pictures. Class is for beginners through advanced students. All required materials will be provided. \$50 (\$58 NR). Cedar Center for the Arts, Classroom 204.

Sat. Oct. 20-Nov. 3 10 a.m.-Noon

HEALTH & FITNESS

Barre | Indra Turner

(21 yrs.+) Barre is a low-impact, ballet-inspired workout that effortlessly fuses ballet, aerobics, and yoga. Barre sculpts, defines, and transforms the entire physique while simultaneously increasing flexibility, decreasing body fat, and slimming the body's overall shape. All levels welcome. Bring a yoga mat and grip socks (if needed). No shoes required. Human Element Studio, 530 West Milling Street.

Thu.	Oct. 4-25	6-7 p.m.	\$48 (\$55 NR)
Thu.	Nov. 1-29	6-7 p.m.	\$60 (\$67 NR)
Thu.	Dec. 6-20	6-7 p.m.	\$36 (\$42 NR)

Boxing | Santos Boxing USA, Roman Santos

(4 yrs.-Adult) Discipline, self-control, and self-defense are taught through the art of boxing. Build confidence by using boxing training techniques. Bring hand wraps and gloves, or purchase them from the instructor. \$100 (\$107 NR). Santos Boxing USA, 211 E. Avenue K-6, Unit A. No class Nov. 22.

4-12 yrs.	M/TH	Oct. 1-Dec. 20	4-5 p.m.
13 yrs.-Adult	M/TH	Oct. 1-Dec. 20	6-7 p.m.

Chair Yoga | Suzann Abell

(Adult) Improve your strength, flexibility, and mobility through standing or seated yoga poses specifically designed for people who find it difficult to participate in mat yoga or who work in an office environment and need to stretch out and relax. Wear loose-fitting clothing. Chairs are provided to keep everyone safe and supported. Small roll-up blanket and/or yoga strap is optional. \$60 (\$67 NR). Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center: Game Room.



Sat.	Oct. 6-Nov. 10	11:30 a.m.-12:30 p.m.
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FitWomen | Indra Turner

(21 yrs.+) With elements of cardio and strength training, FitWomen builds a woman's all-around body fitness to help her meet the demands of daily life. Participants must be able to sit on the floor and get up without assistance. Human Element Studio, 530 West Milling Street.

Mondays | 6-7 p.m.

Oct. 1-29	\$60 (\$65 NR)
Nov. 5-26	\$48 (\$53 NR)
Dec. 3-17	\$36 (\$41 NR)

Wednesdays | 6-7 p.m.

Oct. 3-31	\$60 (\$65 NR)
Nov. 7-28	\$48 (\$53 NR)
Dec. 5-19	\$36 (\$41 NR)

Power Yoga | Indra Turner

(21 yrs.+) Our Power Yoga uses flowing yoga and cardio sequences to burn calories while lengthening and strengthening your muscles. Think of it as yoga with energy, power, and rhythm! Students must provide their own mat. \$48 (\$53 NR), *\$36 (\$43 NR). Human Element Studio, 530 West Milling Street.

Wed.	Oct. 3-24	7:15-8:15 p.m.
Wed.	Nov. 7-28	7:15-8:15 p.m.
Wed.	Dec. 5-19*	7:15-8:15 p.m.

Senior/Adult Exercise Classes

(Adult) Non-strenuous exercises improve flexibility and circulation. Classes sponsored by High Desert Medical Group. No pre-registration required. Come and participate at your convenience and enjoyment. Bring a large towel/mat to class. Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center. **Monday-Thursday, 9-10 a.m. every week.** No class Nov. 22, Dec. 25, nor Jan. 1.



Tai Chi for Energy | Suzann Abell

(Adult) This new revitalizing program is comprised of two different Tai Chi styles. Chen style is vigorous and complex, combining fast and slow movements with powerful spiral force. Sun style incorporates unique Qigong (life energy) movements with agile stepping. Exercises emphasize the importance of adding mind intent and breathing techniques to physical movements that create a state of relaxation, calm, and energy. Wear loose-fitting clothing and lightweight tennis shoes; no opened-toe sandals. \$60 (\$67 NR). Jane Reynolds Park, Activity Center.

Sat.	Oct. 6-Nov. 10	10-11 a.m.
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Taekwondo | William Robinson

(4 yrs.-Adult) This martial arts program is designed to build confidence, perseverance, discipline, focus, and integrity using martial arts techniques and self-defense training. \$90 (\$110 NR). Materials fee: \$20. ATA Martial Arts, 1040 East Avenue K. No class Oct. 31 & Nov. 21.

4-6 yrs.	M/W	Oct. 1-Dec. 19	4-4:30 p.m.
7-12 yrs.	M/W	Oct. 1-Dec. 19	4:30-5:15 p.m.
13 yrs.+	M/W	Oct. 1-Dec. 19	6-7 p.m.



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The AVVEC is a nonprofit organization that brings together civic-minded individuals and employers to address issues affecting our local veterans. The organization coordinates efforts to provide employment services and resources to veterans in need.

To find out more, please contact:

Mike Kufchak

Director of Veterans Affairs IBEW Local 11

Treasurer of AVVEC

(951) 830-7874

kufchak@ibew11.org



www.avvec.org



www.ibew11.org

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including IBEW and LA/NECA. Please extend your thanks and patronage to all our City Partners.

LANGUAGE

Hebrew for Beginners | Shoshana Katz-Arush

(15 yrs.-Adult) Learn to speak, read, and write Hebrew with a professional Israeli teacher. Also enjoy learning the nuances of modern Hebrew, as well as Israeli conversational skills and culture. These courses are intended to be taken consecutively, but students are encouraged to join at any time. Students must provide their own notebook and binder. \$75 (\$82 NR). *\$37 (\$42 NR). Materials fee: \$5. Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center: Game Room.

Tue.	Oct. 9-30	6:30-7:30 p.m.
Tue.	Nov. 6-27	6:30-7:30 p.m.
Tue.	Dec. 4-11*	6:30-7:30 p.m.



French | Lenardo Dedman

(11 yrs.-Adult) Students will learn how to speak, read, and write French from a professional teacher. \$120 (\$127 NR), *\$90 (\$97 NR). Cedar Center for the Arts, Classroom 204. No class Nov. 20-22.

T/TH	Oct. 2-25	4-6:30 p.m.
T/TH	Nov. 6-29*	4-6:30 p.m.
T/TH	Dec. 4-20	4-6:30 p.m.



NEW! Online Enrollment System

Signing up for classes is now much easier. Select and register for classes right from your laptop, tablet, or phone.



Italian | Innovation Education

(13 yrs.-Adult) Learn the basics of conversational Italian. Students will enjoy instruction from a native-speaking and professionally trained interpreter and translator. \$80 (\$87 NR). Innovation Education, 42202 50th Street West, Suite D.

**Due to the holiday on Dec. 25, some classes will be extended by 30 minutes for the month of Dec. See online description for details. No class Nov. 22.*

Beginners

Tue.	Oct. 9-30	5:30-6:30 p.m.
Tue.	Nov. 6-27	5:30-6:30 p.m.
Tue.	Dec. 4-18*	5:30-7 p.m.

Travelers

Thu.	Oct. 4-25	6:30-7:30 p.m.
Thu.	Nov. 1-29	6:30-7:30 p.m.
Thu.	Dec. 6-20*	6:30-7:30 p.m.

Spanish | Lenardo Dedman

(11 yrs.-Adult) Students will learn how to speak, read, and write Spanish from a professional teacher. \$120 (\$127 NR), *\$90 (\$97 NR). Cedar Center for the Arts, Classroom 205. No class Nov. 19-23.

M/W/F	Oct. 1-26	5-6 p.m.
M/W/F	Nov. 2-30*	5-6 p.m.
M/W/F	Dec. 3-21*	5-6 p.m.



PERFORMING ARTS

Ballet & Tap

International Dance Fitness Academy

(3-7 yrs.) Your child will develop self-confidence and fine motor skills, while enhancing their imagination by learning simple and fun routines. Bring leotard, pink ballet shoes, black tap shoes, and pink tights. \$90 (\$97 NR). American Heroes Park, Community Building. No class Nov. 19 & 21.

3-4 yrs.	Mon.	Oct. 1-Dec. 10	4:30-5:30 p.m.
5-7 yrs.	Wed.	Oct. 3-Dec. 12	4:30-5:30 p.m.



Ballet Folklorico | Cristina Martinez

(6 yrs.-Adult) Learn the beautiful traditional folk dances of Mexico. This course will be taught family-style, for all ages and skill levels. \$85 (\$92 NR). *Discounts available for two or more registering at once.* Materials fee: the instructor will help students select the proper footwear and costuming as needed (\$50-\$100 for footwear). American Heroes Park, Community Building. No class Oct. 31.

6-11 yrs.	Wed.	Oct. 3-Dec. 19	6-6:45 p.m.
12 yrs.+	Wed.	Oct. 3-Dec. 19	7-8 p.m.

Ballet/Lyrical | Andrea Williams

(8-12 yrs.) Classical and contemporary ballet techniques and choreography will be taught. \$40 (\$46 NR). American Heroes Park, Community Building.

Mon.	Oct. 1 - Dec. 17	6:30-7:30 p.m.
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Fiddle Fun | Cynthia Chambers

(8-18 yrs.) Learn the proper technique for playing beginner violin, while performing simple fiddle tunes of folk, Celtic, and mariachi origins. Each student must bring a violin proportionate to his or her age and size, as well as a tuner. \$100 (\$107 NR). Materials fee: \$5. Cedar Center for the Arts, Classroom 205. No class Nov. 19.

Mon.	Oct. 15-Dec. 10	5:15-6 p.m.
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Guitar for Adults | Vic Grady

(Adult) Learn the most popular instrument of all time! No experience necessary. This beginner class covers basic chords and principles of rhythm that will get you on your way to playing your favorite songs. Bring a guitar; workbook and stand provided. \$80 (\$87 NR). Materials fee: \$10. TAPP's Music: 44950 Valley Central Way, Unit 102. **Class during Thanksgiving week will be held on Nov. 20 due to the holiday.*

Wed.	Oct. 3-24	11:30 a.m.-12:30 p.m.
Wed.	Nov. 7-28*	11:30 a.m.-12:30 p.m.

Intro to Guitar | Mel Booker

(9 yrs.-Adult) This beginner class is geared towards an introduction to basic chords and strumming guitar techniques. No musical experience required. Students need to bring a guitar. \$100 (\$107 NR). Materials fee: \$3. Cedar Center for the Arts, Classroom 205.

Sat.	Oct. 6-Nov. 3	10-11 a.m.
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Hip-Hop

▶ International Dance Fitness Academy

(5-16 yrs.) Learn the latest hip-hop dance moves and improve coordination while having fun! Wear loose clothing and tennis shoes. \$98 (\$105 NR). American Heroes Park, Community Building. No class Nov. 20 & 22.

5-8 yrs.	Tue.	Oct. 2-Dec. 11	4:30-5:30 p.m.
9-16 yrs.	Thu.	Oct. 4-Dec. 13	4:30-5:30 p.m.



Jazz Jewels | ▶ Cynthia Chambers

(10 yrs.-Adult) Enjoy singing jazz standards and more! Learn jazz music theory through chords, harmonizing, and improvising. \$80 (\$87 NR). Cedar Center for the Arts, Classroom 205. No class Nov. 19.

Mon.	Oct. 15-Dec. 10	6-6:45 p.m.
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Kinder Keyboard | ▶ Cynthia Chambers

(5-10 yrs.) Students will learn to sight-read music using the Solfège (do-re-mi) method, as well as play and sing popular songs on keyboards. Must bring battery-operated keyboard to class. \$70 (\$77 NR). Cedar Center for the Arts, Classroom 205. No class Nov. 19.

Mon.	Oct. 15-Dec. 10	4:30-5:15 p.m.
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Modern Jazz | ▶ Andrea Williams

(8 yrs.-Adult) Modern jazz dance techniques and choreography will be taught. \$40 (\$46 NR). American Heroes Park, Community Building.

Tue.	Oct. 2-Dec. 18	6:30-7:30 p.m.
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Private Dance Lessons

▶ International Dance Fitness Academy

(All Ages) Choose from more than 20 dance styles. Each lesson set is based on your individual purpose and goals. The instructor will adjust the teaching style to your ability, personality, and expectations. This approach ensures the most thorough and rapid learning process, while maximizing fun, ease, and comfort. Choreography included, if requested. Materials fee may be applicable. Schedule and location will be based on your availability.

5 lessons	\$400 (\$427 NR)
10 lessons	\$600 (\$627 NR)



Salsa Dance

▶ International Dance Fitness Academy

(13 yrs.-Adult) Whether just beginning or seeking to advance your skills, unleash your rhythmic soul onto the dance floor with the stirring sounds of salsa music, also known as Latin jazz. \$60 (\$67 NR). Call 661-723-6077 for the couples discount. American Heroes Park, Community Building. No class Nov. 22.

Beg.	Thu.	Oct. 4-25	7:30-8:30 p.m.
Beg.	Thu.	Nov. 1-29	7:30-8:30 p.m.
Int.	Thu.	Oct. 4-25	8:30-9:30 p.m.
Int.	Thu.	Nov. 1-29	8:30-9:30 p.m.

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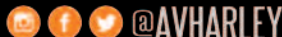


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SPECIAL INTEREST

Hands-on Floral Design | ➤ Chris Spicher

(12 yrs.-Adult) All you need is the desire to be creative—we will teach you the rest! Learn the proper use of florist tools, how to handle each floral variety, as well as how to determine freshness prior to purchasing. Get hands-on, guided experience with Oasis floral foam, tape grids, hand-wrapping techniques, stem placement, and container selection. The instructor will provide all materials you need to achieve a beautiful piece to take home and enjoy or give as a gift each week. \$18 (\$21 NR). Materials fee: \$135. **Must wear closed-toe shoes and bring stem cutters.** AV Florist, 1302 W. Avenue J. No class Nov. 19.

Mon. Nov. 5-Dec. 3 6:30-8 p.m.

Introduction to Sewing | ➤ Barbara Silvestre

(15 yrs.-Adult) Learn how to operate a sewing machine and perform basic sewing methods for fashion and home décor purposes. Students will complete a project by the end of class. \$35 (\$40 NR). Materials fee: \$5 if you bring your own sewing machine; \$25 if you borrow a machine in class. Cedar Center for the Arts, Classroom 204.

Tue. Oct. 16-Nov. 20 6-8 p.m.

Raising & Enjoying Chickens

➤ Antelope Valley 4-H

(7 yrs.-Adult) Did you know there are different chickens for different uses? Learn the basics of how to house and care for chickens, where to buy them, as well as egg production, storing, and safety. \$12 (\$14 NR). Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center: Game Room.

Sat. Oct. 13 9:30-11:30 a.m.



Spa Essentials | ➤ Tammie Sisson

(12 yrs.-Adult) Students will learn to make their own beauty products and the benefits of doing so. At the end of each class, students will have their own homemade product to take home and enjoy! \$20 (\$27 NR). Materials fee: \$12. Cedar Center for the Arts, Classroom 204.

At-Home Spa Day	Sat.	Oct. 6	4:30-6 p.m.
Bath Bombs	Sat.	Nov. 3	4:30-6 p.m.
Lotions	Sat.	Dec. 8	4:30-6 p.m.



Event Venues

Looking for an affordable, versatile and beautiful place for your event? Our facilities are perfect for weddings, baby showers, birthdays, family celebrations, meetings and more!

The City of Lancaster offers you a variety of facilities available for rent that can accommodate everyone's budget.

For more information and pricing, please call 661-723-6077.

SPORTS

Obtain registration materials online at www.cityoflancasterca.org/register. Register early, space is limited.

ADULT SPORTS

Basketball | Registration: October 1-December 14

League play begins in mid-January. Games played at local schools Mon.-Thu. nights. Registration limited to 24 teams. \$475/team.

Pickleball | Dana Young

(Adult-Senior, Teen players accepted with participating parent/guardian). Sgt. Steve Owen Memorial Park, Pickleball Courts.

Pickleball Class

The first 15 minutes of class will include an introduction and instruction on how to play Pickleball. Following that will be 45 minutes of drilling with Pickleball strategies and tips, followed by four hours of open play. Instructor will provide nets. \$7 (\$9 NR). Materials fee: \$10.

Sat.	Oct. 6-Dec. 29	8 a.m.-1 p.m.
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Open Play

Instructor will provide nets. Students must bring their own paddle and balls. \$5 (\$7 NR). No class Dec. 24.

Mon.	Oct. 1-Dec. 31	5-7:30 p.m.
Tue.	Oct. 2-Dec. 18	5-7:30 p.m.

Softball | Registration open through October 26

League play begins in November. Schedule consists of 10 league games and one classification game. Games are played Sun.-Fri., you determine the day. \$400 per team.

Sun.-Fri.	Men's Slow Pitch
Sun.-Fri.	Coed Slow Pitch
Sun.-Fri.	Coed Hardball
Sun.-Fri.	Women's Slow Pitch
Mon.	Women's Fast Pitch



Softball Tournament Contact Information

661-723-6077 | www.big8softball.com

Table Tennis | Jack Miller

(8 yrs.-Adult) Learn standardized table tennis techniques and game strategies. Tournament held last day of class. Must bring own table tennis racquet. \$45. Receive 10% off when you register for more than one course at a time. **Drop-in rates available!** Sgt. Steve Owen Memorial Park, Stanley Kleiner Activity Center. No class Oct. 22.

Mondays: October 1-December 10

Senior (55 yrs.+)	10:30 a.m.-12:30 p.m.
Youth (9-17 yrs.)	3:30-5 p.m.
Adult (18 yrs.+)	5-6:30 p.m.
League Play (9 yrs.+)	6:30-9 p.m.



YOUTH SPORTS

Basketball

(5-13 yrs.) Coed, girls, and boys divisions play eight games on Saturdays. Coached by volunteers, the games are played at local high schools, with practices held during the week. \$62 (\$68 NR).

Ages 5-9 yrs.

Registration open through September 30

League play begins in October.

Coed Div. C	8-9 yrs.
Coed Div. D	6-7 yrs.
Coed Div. E	5 yrs.

Ages 10-13 yrs.

Registration open through December 21

League play begins in January 2019.

Boys Div. A	12-13 yrs.
Boys Div. B	10-11 yrs.
Girls Div. A	12-13 yrs.
Girls Div. B	10-11 yrs.

TENNIS

Sgt. Steve Owen Memorial Park, 43063 10th Street West

Private Lessons (Four-lesson package)

One-on-one lessons arranged with tennis pro after registration.

Four 1-hour lessons \$142 (\$152 NR)

Four 1/2-hour lessons \$100 (\$107 NR)

Juniors | Linda Ruiz

(7-17 yrs.) Students improve knowledge and skills through healthy team competition. Bring tennis racket.

Court 3. \$51 (\$58 NR). Materials fee: \$5. No class Oct. 31.

Beginners

M/W Oct. 1-24 5-6 p.m.

M/W Oct. 29-Nov. 26 5-6 p.m.

M/W Nov. 28-Dec. 19 5-6 p.m.

Advanced

M/W Oct. 1-24 6-7 p.m.

M/W Oct. 29-Nov. 26 6-7 p.m.

M/W Nov. 28-Dec. 19 6-7 p.m.

Ladies Doubles Challenge Ladder

Leonard Johnson

(18 yrs.+) This competitive mixed doubles class will pair teams based on a "ladder" established during the first class. There will be one optional cardio drills introduction based on number of teams at first class. Doubles team is two ladies. Team will play at least one pro-set at first meeting.

Court 2. \$45 (\$50 NR)/doubles team, \$25 (\$30 NR)/singles team. Materials fee: \$5 per player. No class Nov. 22.

Thu. Oct. 4-Nov. 8 5-6:30 p.m.

Thu. Nov. 15-Dec. 27 5-6:30 p.m.

Court Maintenance - Courts closed while cleaned.

FREE Public Play - Lit from dusk to 10 p.m., courts are open to the public seven days a week; except during tournaments, City lessons, and court rentals. Availability is first come, first served. Use time is limited to one hour, when players are waiting for an open court.

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2 Fast Pitch

1 Medium Pitch

2 Slow Pitch

Softball

1 Fast Pitch

1 Medium Pitch

2 Slow Pitch

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WINTER HOURS (Nov.-Mar.): Weekdays, 3 to 8 p.m.

Weekends, 10 a.m. to 8 p.m.

Now accepting credit cards!

Excel Tennis | Brandon Diaz, Lead Instructor

(5 yrs.-Adult) Excel Tennis offers a unique, structured, and affordable tennis program that provides a progressive rating system; year-round competitive ladder play; and quarterly flex tournaments for all students. Tennis racket required.

\$40 (\$45 NR), *\$30 (\$35 NR). No class Nov. 22 & 23.

El Dorado Park

5-8 yrs.

Sun. Oct. 7-28 9-10 a.m.

Sun. Nov. 4-25 9-10 a.m.

Sun. Dec. 2-23 9-10 a.m.

9-12 yrs.

Sun. Oct. 7-28 10-11 a.m.

Sun. Nov. 4-25 10-11 a.m.

Sun. Dec. 2-23 10-11 a.m.

13-17 yrs.

Sat. Oct. 6-27 9-10 a.m.

Sat. Nov. 3-24 9-10 a.m.

Sat. Dec. 1-22 9-10 a.m.

18 yrs.+

Sat. Oct. 6-27 10-11 a.m.

Sat. Nov. 3-24 10-11 a.m.

Sat. Dec. 1-22 10-11 a.m.

Jane Reynolds Park

5-8 yrs.

Sat. Oct. 6-27 10-11 a.m.

Sat. Nov. 3-24 10-11 a.m.

Sat. Dec. 1-22 10-11 a.m.

9-12 yrs.

Thu. Oct. 4-25 6-7 p.m.

Thu. Nov. 1-29 6-7 p.m.

Thu. Dec. 6-27 6-7 p.m.

13-17 yrs.

Thu. Oct. 4-25 7-8 p.m.

Thu. Nov. 1-29 7-8 p.m.

Thu. Dec. 6-27 7-8 p.m.

18 yrs.+

Tue. Oct. 2-23 7-8 p.m.

Tue. Nov. 6-27 7-8 p.m.

Tue. Dec. 4-18* 7-8 p.m.

Sgt. Steve Owen Memorial Park

5-8 yrs.

Sat. Oct. 6-27 9-10 a.m.

Sat. Nov. 3-24 9-10 a.m.

Sat. Dec. 1-22 9-10 a.m.

9-12 yrs.

Fri. Oct. 5-26 5-6 p.m.

Fri. Nov. 2-30 5-6 p.m.

Fri. Dec. 7-28 5-6 p.m.

13-17 yrs.

Fri. Oct. 5-26 6-7 p.m.

Fri. Nov. 2-30 6-7 p.m.

Fri. Dec. 7-28 6-7 p.m.

18 yrs.+

Fri. Oct. 5-26 7-8 p.m.

Fri. Nov. 2-30 7-8 p.m.

Fri. Dec. 7-28 7-8 p.m.



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Professional Baking & Pastry
Vocational Nursing



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AQUATICS

To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the session that is convenient (see page 44).
4. Check the table to see if your class is offered during selected session.

Eastside Pool | 661-723-6255 (Open year round)

Deputy Pierre W. Bain Park, 45045 5th Street East

Eastside Pool can be rented for birthdays, parties, and special events. For rental or aquatic program information, call 661-723-6255.

Webber Pool | 661-723-6288

(Open July 4-Labor Day)

Jane Reynolds Park, 716 Oldfield Street



PUBLIC SWIM TIMES

Children less than 4 ft. tall and 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to ages 17 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Early Bird Lap	Mon.-Thu.	5:45-7 a.m.
Senior & Therapy	Mon.-Fri.	10-11:30 a.m.
Noon Lap	Mon.-Sat.	11:45 a.m.-1 p.m.
Evening Lap	Wed.	8:30-9:30 p.m.

Public Swim:	Sat.	1:30-5 p.m.
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Holiday Closures: November 12 and 22-23; December 24-25 and 31

PUBLIC SWIM FEES

Infant (3 yrs. and under)	Free
Child (4-12 yrs.)	\$1
Teen (13-16 yrs.)	\$1.25
Adult (17 yrs.+)	\$1.75
Senior (55 yrs.+)	\$1

30 Punch Swim Pass:

Child	\$21
Teen	\$26
Adult	\$38
Senior	\$21

CLASS INFORMATION

All classes: 8 lessons, 30-minutes long; except Level 6, Aquacise, and Hydrofit, which are 45 minutes.

Parent/Tot

(6 mos.-3 yrs.) Parents teach their children to feel more relaxed and comfortable in the water.

Preschool

(3-5 yrs.) Children learn to feel comfortable in water, as well as how to control breathing, flutter kick, front float, and back float. This is not a learn-to-swim class.

Preschool 2

(3-5 yrs.) **Prerequisite:** Three sessions of Preschool swim class. Preschoolers advance to prone kick glide and underwater movement, as well as combination arm and kick movements.

Preschool 3

(3-5 yrs.) **Prerequisite:** Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing, as well as enhance combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 yrs.) Helps students feel comfortable in water. Learn to enter and exit water safely; submerge mouth, nose, and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; as well as float on front and back.

Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Teaches fundamental skills and enhances Level 1 skills. Learn to enter water by stepping or jumping from side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back; and tread water.

Level 3: Stroke Development

(6-14 yrs.) Builds on skills in Level 2 through additional guided practice. Learn to jump into deep water from side; dive from kneeling or standing position; submerge and retrieve an object; bob with head fully submerged; use rotary breathing in horizontal position; perform Check-Call-Care in an emergency; and change from horizontal to vertical position on front and back. Additional skills taught include front and back glide, survival float, front and back crawl, butterfly kick and body motion, HELP and Huddle position, as well as reaching assist.

Level 4: Stroke Improvement

(6-14 yrs.) Develops confidence in skills learned and improves Level 3 skills. Learn to shallow dive and dive from stride position; swim underwater; feet-first surface dive; tread water using sculling arm motions and kick; swim on side; and perform open turns on front and back using any stroke. Additional skills taught include front and back crawl, breaststroke, butterfly, and elementary backstroke.

Level 5: Stroke Refinement

(6-14 yrs.) Provides further coordination and refinement of Level 4 strokes, in addition to teaching survival swimming. Learn to tread water with two different kicks; perform rescue breathing; standing dive; shallow dive; glide two body lengths; and begin any front stroke.

Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Refines the student's strokes to improve swimming ease, efficiency, power, and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses.

Adult Swim Lessons

(15 yrs.+) Everyone can learn to swim. All skills taught.

Aquacise: Aerobic Water Exercise

(15 yrs.+) Water exercise class utilizing a variety of movements to help firm up arms and legs, as well as increase circulatory endurance.

Hydrofit: Muscle Toning & Fitness

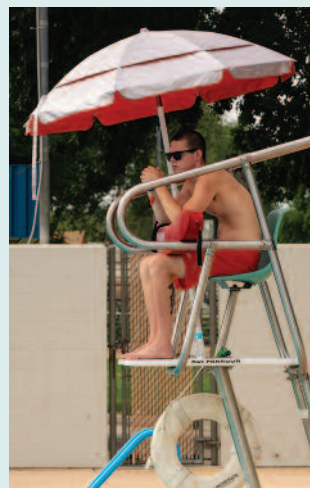
(15 yrs.+) Water exercise class utilizing belts, ankle cuffs, and Styrofoam barbells for an invigorating work out.



LIFEGUARD TRAINING CLASS

(15 yrs.+) Enrollees must be able to:

1. Swim 500 yards nonstop with rhythmic breathing, utilizing front crawl or breaststroke.
2. Tread water for two minutes, using legs only, with hands in armpits.
3. Within one minute and 40 seconds: swim 20 yards without goggles, with face in or out of water; surface dive face first or feet first into deep water to retrieve 10 lb. brick; return to surface; and swim 20 yards on back, returning to the starting point with both hands holding the brick. During return, face must remain at or near the surface. Candidates are not permitted to swim the distance underwater. Candidates must exit the pool without the use of steps or ladders.



Candidates must bring their own CPR mask.

Call 661-723-6255 for additional information.

\$122 (\$132 NR) - includes \$39 Red Cross Certification Fee.

Private Swim Lessons

Private swim lessons for all ages. \$150 (\$176 NR) for eight 1/2-hour lessons. Lesson times to be arranged upon registration.

Water Safety Instructor Class

(17 yrs.+) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross FIT course included. Approximately 40 hours of training. Students must attend all classes - no exceptions. Call the pool at 661-723-6255 for additional information. \$122 (\$132 NR) - includes \$39 Red Cross Certification Fee.

Oasis Aquatics Swim Team

(5-18 yrs.) Oasis Aquatics is a USA Swimming-affiliated year-round competitive swim team, offering competitive training and swim meets. For more information, call 818-231-2171, visit www.oasisaquaticsAV.org, or email OasisAquaticsAVteam@gmail.com.

Oasis Masters Swim Program

(18+ yrs.) Conditioning, swim skills, instruction, competitive events, and ocean swimming. Call Tom Otto for fees and information at 661-946-7537.

A.V. Special Olympics

Swimming opportunities are provided for individuals with intellectual disabilities. Call Laura Mayo at 661-253-2121 for more information.

AQUATICS CLASS SCHEDULE

All classes held at Eastside Pool.

Session 0: Sep. 15 - Nov. 3

Saturday (1x/week for 8 weeks) \$39 (\$46 NR)

CLASS LEVEL	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		●	
Preschool	●	●	
Preschool 2	●		
Level 1	●		
Level 2	●		
Level 3		●	
Level 4			●
Level 5			●
Level 6			●
Adult		●	
Aquacise			●

Session 7: Sep. 18 - Oct. 11

Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$46 NR)

CLASS LEVEL	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	●			
Preschool	●			
Preschool 2		●		
Preschool 3	●			
Level 1	●	●		
Level 2	●			
Level 3		●	●	
Level 4			●	
Level 5			●	
Level 6			●	
Adult		●		
Aquacise		●		
Hydrofit				●

Session 8: Oct. 23 - Nov. 15

Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$46 NR)

CLASS LEVEL	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	●			
Preschool	●			
Preschool 2		●		
Preschool 3	●			
Level 1	●	●		
Level 2	●			
Level 3		●	●	
Level 4			●	
Level 5			●	
Level 6			●	
Adult		●		
Aquacise		●		
Hydrofit				●

Session 9: Nov. 27 - Dec. 20

Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$46 NR)

CLASS LEVEL	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	●			
Preschool	●			
Preschool 2		●		
Preschool 3	●			
Level 1	●	●		
Level 2	●			
Level 3		●	●	
Level 4			●	
Level 5			●	
Level 6			●	
Adult		●		
Aquacise		●		
Hydrofit				●



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